



**For a Sustainable New Whipps Cross Hospital**

# **Building for Wellbeing**

**Tuesday November 24<sup>th</sup>, 7.00 pm**

**Sustainability Action4Whipps on-line meeting**

**As design for the new Whipps Cross Hospital is taking shape, we campaign to ensure it is the best our generation can give to the future, for our communities and for our planet.**

**Speakers at the forefront of their fields will discuss how a building's design, and access to green space affects our wellbeing.**

**Join us!**



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## Building for Wellbeing

# Speakers



**Dr Nadia Audhali** - Whipps Cross Hospital Paediatric Doctor, Clean Air Champion on Why the Climate Crisis is a Health Crisis

**Dr Roopa Jaiswal** - London GP, Lifestyle Medicine Physician, Regional Director (London) BSLM on how the environment and behaviours can determine our health

**Julie Godefroy** - Technical Manager, Chartered Institute of Building Services Engineers (CIBSE), author of CIBSE's technical guidance on health and wellbeing in building services will explain how a building's design affects our wellbeing

**Carey Newson** - Centre for Sustainable Healthcare on their new research into the value of green space at NHS sites for healthcare staff wellbeing

**Paul Bell, Ryder Architecture** - Lead Architect for the New Whipps Cross Hospital

**Discussion and Questions**